



WWW.COCOCOLLECTION.COM



Dear Guest,

Maruhabaa!

We wish you a warm welcome to our little patch of paradise in the Indian Ocean. Every associate on the island is delighted to be your host.

Our resort design blends with its natural environment to offer you a natural yet luxurious experience, providing a sense of seclusion alongside impeccable service – an ideal combination for a memorable vacation.

This directory has been compiled to help you get acquainted with our facilities, the environment, and the different activities available to you.

We here at Coco Palm Dhuni Kolhu are committed to preserving the beauty and life of the environment around you. We kindly ask you to help us in our sustainability efforts.

We look forward to helping you create memories that will last forever. May each day of your stay with us hold something special, and may you return with happy memories of a wonderful and exciting time.

Coco Palm Dhuni Kolhu Team

މަރުހަބާ

MARHABAAA

WELCOME! BIENVENUE! WILLKOMMEN! BENVENUTO! 欢迎! !ابحرم

COCO CARES

Our goal is to preserve the environment so that everyone can enjoy its beauty for years to come. We are always seeking out opportunities to improve our resort and to minimise our impact on the ecosystem. For example:

Plastic

- We have banned single-use plastic water bottles from our resort.
- We use paper straws instead of plastic ones.
- We produce our own drinkable water, reducing the need to purchase bottled water.
- We purchase soft drinks packaged in recyclable materials like aluminium and glass instead of plastic.
- We have implemented a single-use plastic bag ban across the whole island.
- We use biodegradable takeaway boxes, plates, and cups for all excursions.

Recycling

- We use recycled paper and try to limit its use on the island.
- We use recycled wood for outdoor furniture like tables, chairs, and benches.
- We operate an on-site natural sewage water treatment plant.
- Food refuse is collected and disposed of separately.
- Combustible rubbish is incinerated, cans are compacted, and glass is reused where possible, or crushed.

Awareness

- A weekly information session about sea turtles is conducted by the Veterinarian from the Olive Ridley Project (ORP)
- A weekly information session about marine conservation is conducted by the Marine Biologist.

Energy-Saving

- We use energy-saving lightbulbs in all public areas.
- We use rainwater for generator radiators.

Marine Conservation and Protection

- The Marine Biologist oversees a Coral Nursery Project to provide broken coral frames a chance to survive and to monitor their growth.
- We contribute to the MantaWatch and SharkWatch research projects in the Maldives.
- We have partnered with the Olive Ridley Project (ORP) to run a Marine Turtle Rescue Centre on our island, to rehabilitate injured sea turtles. Our Marine Biologist also contributes to the ORP's research projects.
- Sea Turtles Nest Protection Program-monitoring the Green and Hawksbill Sea Turtles nests on the resort.



Sustainable Practices

- We adopt a serious policy not to catch undersized fish to prevent overexploitation of the local fish population.
- We also adopt the same seafood purchasing policy - we do not purchase any undersized species from local fishermen.
- We purchase local, handmade roofing for our villas from nearby islands.
- We plant and farm a variety of fruit trees, vegetables, and herbs on our island, and practice composting.
- We only use biodegradable chemicals for any Housekeeping operations.

We encourage you to help us in our sustainability efforts, by doing the following:

Energy-Saving

Our electricity is produced by generators on the island. To save energy, we would appreciate it if you:

- Limit the use of your air conditioner. Commune with nature by enjoying the fresh tropical breeze or use your ceiling fan.
- Keep all doors and windows closed when the air conditioner is on.
- Turn off the lights that are not in use. Please do not tamper with the light-saving device.

Waste

Disposal of garbage is another concern on the islands. As such, we encourage you to take your non-combustible waste with you back home where the opportunities for effective recycling exist e.g. Batteries, plastic bottles etc.

Water

Considering that 99% of the Maldives is sea, fresh water supply is an ongoing concern. Like all resort islands, Coco Palm Dhuni Kolhu has its own water production plant.

- Be considerate of water usage in your villas.
- While the tap water in your villas is safe to use for bathing and brushing your teeth, we advise you not to drink it. Drinkable water produced in-house is available in glass bottles in your villas.
- Let your Villa Attendant know if you want to have your towels & linen changed.



COCO PALM DHUNI KOLHU MAP



Location: Baa Atoll
Distance from Male': 124 Km

ACCOMMODATION

- Ocean Front Villas
- Beach Villas
- Sunset Beach Villas
- Deluxe Villas
- Lagoon Villas
- Sunset Lagoon Villas



RESTAURANTS AND BARS

- Cornus Restaurant
- Beach Bar
- Conch Bar
- Cowrie Restaurant

OTHER FACILITIES

- Watersports Centre
- Dive Centre
- Tennis Court
- Volleyball Court
- Badminton Court
- Coco Spa
- Marine Turtle Rescue Centre

GOOD SNORKELLING POINTS



HAND SANITIZER DISPENSER



POINTS TO AVOID SNORKELLING



HANDWASHING FACILITIES



DHUNIKOLHU
BAA ATOLL - MALDIVES

WELCOME TO OUR LIVING REEF!

The islands of the Maldives rest upon an immense structure of coral reefs, which protect low-lying islands such as ours. Beyond the reefs, the sea deepens to more than 2000 meters. We are surrounded by this living coral ecosystem that is home to a magnificent variety of reef fish, shells, starfish & many more marine creatures.

The Maldives has not remained untouched by conditions that are threatening our planet. Global warming and associated climatic changes, sea level rise and environmental pollution have had their effect on our surroundings. We are committed to creating awareness to help and preserve our marine ecosystem from pollution and destruction. Here are some ways in which you can assist us in this endeavour:

- Do not touch or remove corals, fish, or any other sea life from the water. Resist the urge to collect souvenirs – photographs make wonderful trophies; dead starfish & seashells do not.
- Touching live coral may injure or kill the coral, and it may take up to ten years to grow back. Please refrain from standing on or touching our reef.
- Do not throw rubbish into the sea or on to the beach. Whether you enjoy diving, snorkelling, surfing, or just relaxing on the beach, always clean up after yourself.
- Do not collect shells from the beach or from the sea.
- Do not use gloves, knives, harpoons, or spears when snorkelling or diving.
- Do not feed the fish- they become dependent on being fed and lose their instinct to find food.
- When you leave, take items like plastic bottles, batteries, and cans back home with you where they can be recycled or disposed of properly.
- Do not fish in the lagoons- we offer fishing trips for guests in the deep ocean as part of our wide range of activities and experiences.
- Sea cucumbers that are abundant in our water are vital to the ecosystem. Please allow them to perform their daily activity undisturbed.
- Stingrays and eagle rays come into the lagoon & shallow water daily. We ask you to be careful while wading in the shallows & encourage you to do the “stingray shuffle” (shuffle feet while wading in surf) to alert these beautiful marine animals that you are there.
- Practice responsible boating, kayaking, and other recreational activities on the water. Never throw anything overboard and be aware of marine life in the waters around you.
- Sea turtles, their eggs, and nests are legally protected in the Maldives. Green and Hawksbill turtles have been known to come to our island to nest and we take great care to protect these nests until they hatch. These turtles are considered “endangered” and “critically endangered” by the IUCN Red List of Threatened Species. If you happen to be lucky enough to see these beautiful creatures nesting, kindly inform any member of our staff immediately.

Snorkelling and diving are wonderful ways to view the underwater environment and we encourage you to participate in these activities. Beyond the outer reef, the current can be strong at times. Please be careful at all times when swimming in deep water. We strongly advise you not to go snorkelling or swimming alone and encourage you to use a life vest.



PARTNERSHIP WITH THE OLIVE RIDLEY PROJECT

The Olive Ridley Project is a UK-based charity whose mission is to remove discarded fishing nets- known as ghost nets- from the ocean; rescue and rehabilitate sea turtles injured by these nets; reuse and reduce marine debris; and educate the world about the dangers of ghost nets and the perilous situation of sea turtles. The project is named after the Olive Ridley species of sea turtle, which is by far the most frequent victim of these ghost nets.

In 2015, we announced our official partnership with the Olive Ridley Project to setup turtle rescue centres and to work together to reduce the effect of ghost nets on marine life. In February 2017 we opened the first of these veterinarian-led Marine Turtle Rescue Centres at Coco Palm Dhuni Kolhu, fully equipped with a surgical unit to care for the turtles that we find around the country with severe injuries to their flippers and necks after being entangled in ghost gear.

Guests can choose to donate to the charity upon check-out at the Reception, or you can purchase handmade turtle plush toys from the Marine Biology Centre or the Reception, the sale of which goes towards supporting the charity and the rescue centre.

We encourage guests to visit the Marine Turtle Rescue Centre to see our turtle patients, and to chat with the resident Olive Ridley Project Veterinarian for more information about this important cause.



BEACH EROSION

The islands of the Maldives are made up of coral reefs and are entirely dependent upon the continuous ecological and physical processes of the delicate coral reef ecosystem.

Our beaches are subject to continuous change, with the natural forces of wind and water interacting with the land.

At Coco Palm Dhuni Kolhu, our beach is constantly changing as a result of the different monsoons. During the south west monsoon when the waves come from the west and south west, the sand is moved so much that often it builds up on the eastern side of the island. The reverse happens during the north east monsoon. This often contributes to the long-term erosion of the beach,

We are doing our best to reduce beach erosion. As such, we urge all our guests to not touch any living coral. Coral reefs act as our natural first line of defence against beach erosion. You will also see a wall of sandbags in various shapes to minimise and control the negative impact of the monsoon and the sea currents.

The movement of the sand can appear to be a dramatic change, especially if you are returning to our island after some time. We assure you that this is a typical, natural phenomenon in the Maldives.

Coco Palm Dhuni Kolhu Team



SAY IT IN DHIVEHI

Welcome

Good morning

Greetings / Hello

Goodbye

Thank you

How are you?

No

Yes

Eat

Drink

Island

Lady / Girl

Mr / Sir

A little / small

Great / A lot

Fast

House

Toilet

Come

Go

Bring

One more

One

Two

Three

Four

What is it

Slowly

Best regards

See you again

Maruhabaa

Baajjaveri Hedununeh

Assalaam Alaikum

Vakivane

Shukuriyya

Kihiney

Noon

Aan / Aadhe

Keun

Buin

Rah

Anhena / Anhenkujje

Sahibu

Kuda

Gina

Avas

Ge

Faahaanaa

Aadhey

Dhey

Geney

Adhithurah

Ekeh

Dhey

Thineh

Hathare

Miie Konecche

Madumadun

Varah salaam

Fahun baddhaluvaane

Ma-ru-ha-baa

Baah-ja-veri Head-do-ne

Ah-sa-lam A-lay-kum

Vaki-va-nee

Shu-Ku-ri-ya

Ki-hi-ney

Noo

Ahn / Ah dhe

Kay-oon

Boo-een

Rah

An-hen-na / An-hen-ku-je

Sa-hib

Ku-da

Gi-na

A-vas

Geh

Faa-haa-na

Aa-dh-e

Deh

Geh-ne

Adhi-itu-rah

E-ke

Dhe

Thin-ne

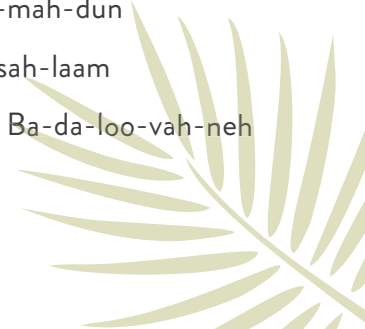
Ha-ta-re

Mi-e-kone-che

Ma-duh-mah-dun

vah-rah sah-laam

Fah-oon Ba-da-loo-vah-neh



A

Adaptors

A 3-pin adaptor is provided in your villa. This is for your use should you wish to charge your mobile phone, laptops, camera, etc.

Air Conditioner

You will find the remote-control for the AC unit next to your bed. The AC indoor unit is located on the ceiling behind your bed, while the sensor for the remote is located close to the ceiling in front of your bed. In our efforts to reduce our impact on the environment, we encourage you to enjoy the natural breeze or use the ceiling fan whenever possible.

Airport Transportation

Arrangements for your transfer to Male' International Airport will be finalised the day before your departure. Kindly observe the designated check-out times to avoid any delays.

Alcohol

All alcohol is prohibited on the local islands but our bars and restaurants are well stocked with an excellent range of wines and other alcoholic beverages.

Amenities

A wide selection of our bathroom amenities is available at Spa Reception if you wish to purchase them. Please contact Ext. 0.

B

Baby Cots

Available upon request. Please contact Ext. 0.

Babysitting

We provide babysitting services for a nominal fee. We require at least 24 hours advance notice to arrange this for you. For more information, please contact Ext. 0.

Badminton

A Badminton Court is located behind the Coco Spa. Rackets and shuttlecocks are available at Reception.

Batteries

Please deposit your used batteries at Reception where a box is kept for proper disposal or better yet, take them home with you where recycling will be possible.



C

Coffee & Tea

Complimentary coffee and tea are provided in your villa. They will be replenished every day.

Check-Out Time

Our regular check-out time is 12 noon. For more information, please contact Reception on Ext. 0.

Coco Water

This bottle of water is produced and bottled in-house at our desalination plant. It is purified and filtrated using UV filters.

D

Departure

Your host will take care of your departure arrangements and a departure letter will be sent to your villa the evening prior with information such as the check-out time, luggage pickup time, seaplane or speedboat departure time and wake-up call (if necessary).

Doctor

A doctor on the nearby island may be consulted for medical emergencies. Our associates can easily arrange a visit for you. Please contact Ext. 0.

Do Not Disturb

If you wish not to be disturbed by telephone calls, you may deactivate the connection to your villa by dialling 0000. If you wish not to be disturbed in your room, place the Need Privacy sign outside of your villa.

Dress Code

Please cover up swim wear while in the Reception or restaurants. In the evenings; trousers, button down shirts, T-shirts or polo shirts are recommended for the gentlemen, while we encourage ladies to wear a casual dress, skirt or slacks. While visiting any local islands, please be mindful of your dress code; we recommend that ladies cover their shoulders and thighs and men are advised to wear clothes covering their chests. Avoid wearing only your swim wear or transparent clothes. Nudity and topless sunbathing is strictly forbidden and a fine of US\$100 is levied in case of infringement.

DVD Player

A DVD player is available upon request. Please call Ext. 0.



E

Emergency

In case of any emergency, please call Ext. 0 or the national emergency number 119.

Excursions

Dolphin Watching, Snorkelling Trips, a visit to a Local Village, Big Game Fishing or Sunset Fishing are but a few of the many excursions we can arrange for you. All excursion schedules are displayed on the Activity Board at the Reception Area, and reservations can be made with any of our Lifestyle Hosts on Ext. 0.

F

Facsimile, Copying, Printing and Computers

If you need to send a fax or require any print or copy services, please contact Reception on Ext. 0.

Fishing

Our resort is dedicated to a sustainable approach towards the marine environment. Fishing is strictly prohibited off the jetty, reef, or any other areas around the resort. We do conduct excursions for deep sea fishing; however, we adhere to strict fish size limits. Should you wish to join in this activity, please contact our Lifestyle Hosts on Ext. 0 or 131.

Fitness Room

Have an invigorating workout in our gym located at the Coco Spa.

G

Games

Snooker and a variety of table games such as scrabble and backgammon are available at the Reception. Table games are also available at the Conch Bar.

Gratuities

Should you feel our associates have provided you with an excellent service, please feel free to extend a gratuity.



H

Hammocks

Hammocks can be found in certain areas of the island. Spend the day relaxing while you enjoy the warm sea breeze as you gently swing away.

House Reef Recovery Project

The house reef surrounding our island has been heavily affected by different bleaching events that occurred in the Maldives in 1998, 2010, 2011 and 2017. Spearheaded by our in-house Marine Biologist, we are conducting a project to stimulate and accelerate the growth of different coral species within our lagoon.

I

Internet / Wifi

Wifi internet is available all across the island.

K

Keys

In the event of a lost or broken key, USD 50 will be charged to your account to cover the cost of a new lock installation – this is for your safety and that of future guests. Kindly note that the door to your villa does not automatically lock when the door is closed. As such, please be mindful to always push the button on the inside doorknob to lock the door and to take your keys with you when leaving the villa.

L

Laundry

If you wish to have your laundry picked up from your room, please call Ext. 0 or simply put your dirty laundry in the laundry bag or basket, and fill out the laundry form. Your Villa Attendant will pick it up when he comes by to refresh your villa.

Library

Located in the Reception where you can enjoy a selection of books and magazines in many different languages.

Lighting

Lighting on the pathways is dim to preserve the natural feel of the island. Rechargeable emergency flashlights are provided in each villa. Please make sure that it is always recharged when they are not in use. They are not waterproof, so please be careful that they don't get wet.

Linen

Our linens are not bleached and are made from undyed natural cotton. To minimise water wastage and usage of cleaning products, your towels will only be changed when placed in the laundry basket. Please let your Villa Attendant know if you wish to have your bedsheets changed.



M

Mail and Stamps

Stamps are available at the boutique located in the Reception. A daily mail service is provided and a mail box is located at the Reception.

Mini Bar

This is your personal bar. Food and beverage items will be charged to your villa account as consumed. For additional refills, please contact on Ext. 0.

Mobile Phones

To maintain the peace and tranquillity of the island, please be mindful of the volume of your mobile phone. Most of our guests come to the island to get away from their everyday life and to commune with nature – we at the resort try to do our best to help them achieve that.

R

Recreation and Water Sports

Catamaran sailing, windsurfing, water skiing and kayaking are water activities that you can enjoy whilst on the island. Lessons are available on request. Do visit our Watersports Centre located on the beach just across Cowrie Restaurant or please contact on Ext. 0.

S

Safety Deposit Box

A safe is provided for your convenience. We recommend that you use the safe at Reception to keep large amounts of cash. Please note that the resort is not responsible for any lost, damaged, or stolen property. Please ensure that you empty the safe prior to departure.

Scuba Diving

Maldives is one of the most beautiful diving destinations in the world. It is famous for its rich marine life. There are approximately 32 diving sites to choose from. Each site has its own appeal and its own variety of fish. Please refer to the attached Activities page.

Sewing Kit

Provided as an in-villa amenity, but should you need extra assistance please contact us on Ext. 0.

Shopping

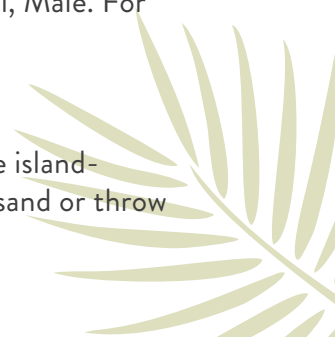
We have a souvenir shop located in the Reception.

Sightseeing

In addition to our regular excursions, we can organise a guided tour to the capital, Malé. For bookings and further information, please contact us on Ext. 0.

Smoking

Please refrain from smoking while on the bed. Ashtrays can be found all over the island – please use them for their intended purpose. Do not stub your cigarettes on the sand or throw your cigarette butts into the water.



Snorkelling

Enjoy snorkelling in our house reef or explore a more distant site by boat with our Excursion Guide. Snorkelling lessons can be conducted for beginners on request. Please contact Reception on Ext. 0.

Spa

A total sensory experience – all-natural treatments will bathe your senses and lull you into a state of relaxed bliss. Please refer to the Spa Menu or to the Coco Spa insert of this Compendium.

Sunbathing

Maldives is located within the equatorial region of the Indian Ocean where the sun is very strong. Use appropriate sunblock and we advise you to reapply every 2 hours or so. Even if you are in the water or snorkelling, please do not forget to put on sun protection.

Swimming / Snorkelling

Enjoy a swim in the warm blue waters of the lagoon. Be aware that the current can be strong at times and it is advisable that you swim close to the shore and that you refrain from swimming at night. Please note that there are no lifeguards available at the resort and swimming in the ocean is at your own risk. If you are not a strong and confident swimmer, the use of a lifejacket is advised.

T

Tennis

A flood-lit tennis court is available for your use between 19:00hrs – 23:00hrs. Tennis rackets & balls can be rented for a nominal fee. Partners can also be arranged on request. For reservations, please contact Ext. 0.

Time

Our island time is one hour ahead of Malé in order to enjoy an additional hour of daylight.

W

Wake-up Call

To program your wake-up call, dial #5 followed by the time you wish to be awakened. Be mindful of using the 24-hour format when programming your wake-up call (E.g. #5 0730). Alternatively, you can call Reception at Ext. 0 to book a wake-up call

Water

Our tap water is desalinated seawater and it is safe to use but not to drink. Coco Water, our in-house drinkable water, is provided in all the villas in glass bottles. Water being scarce, we encourage our guests not to waste it.



TELEPHONE DIRECTORY

We are connected by satellite to most countries around the world.

| | |
|--------------------------------|--|
| Country code for the Maldives: | +960 |
| Our telephone number | +960 660 00 11 |
| Our fax number | +960 660 00 22 |
| Our email address | reservations@cococollection.com |
| To dial within Maldives | Dial 9 + number |
| For international calls | Dial 9 + 00 + country code + number |
| For connection to other villas | Ocean Front Villa: Dial 2 + villa number |
| | Beach Villa: Dial 2 + villa number |
| | Sunset Beach Villa: Dial 3 + villa number |
| | Deluxe Beach Villa: Dial 4 + villa number |
| | Lagoon Villa: Dial 5 + villa number |
| | Sunset Lagoon Villa : Dial villa number directly |

TELEPHONE CHARGES

(all IDD calls are priced on a full minute basis)

| | | |
|---------------------|---------------------|------------------------|
| International Calls | Price per 1 minute | US \$3.30 to US \$4.25 |
| All local calls | Price per 3 minutes | Any island US \$1.00 |



DINING OUTLETS

Cowrie Restaurant

Cowrie is the main restaurant at the resort, offering an array of continental and oriental dishes for breakfast, lunch, and dinner.

| | |
|-----------|------------------|
| Breakfast | : 08:00 to 10:30 |
| Lunch | : 12:30 to 14:30 |
| Dinner | : 19:30 to 22:00 |

Cornus Restaurant & Grill

A la carte restaurant serving authentic Thai cuisine. An open grill is located close to the beach under the shadow of an old banyan tree. Fresh seafood may be selected and grilled to your preference. For reservations, please contact on Ext. 0.

| | |
|------------------|------------------|
| Lunch (seasonal) | : 12:30 to 14:30 |
| Dinner | : 19:30 to 22:00 |

Conch Bar

Set on the beach facing the sunset, boasting a panoramic view of the lagoon. The bar serves a wide selection of beverages and light meals.

| | |
|------------------|------------------|
| Open daily | : 10:00 to 01:00 |
| Food served from | : 11:00 to 22:30 |

Beach Bar

Enjoy the perfect sundowner at the Beach Bar perched near the clear blue lagoon.

| | |
|------------|------------------|
| Open daily | : 11:00 to 23:00 |
|------------|------------------|

In Villa Dining

Enjoy a beautifully-prepared meal in the comfort and privacy of your own villa. Please call Ext. 0. for more details, or refer to the In-Villa Dining section of this compendium.



HEALTH & SAFETY TIPS

Coco Palm Dhuni Kolhu takes the health and safety of all guests and associates very seriously.

Please adhere to the following emergency and safety protocols to ensure a smooth and efficient response to any incidents.

In Case of a Fire Emergency

If you witness smoke or a fire, immediately dial Ext. 0 or the national emergency number 119 and report the incident.

- Each room is fitted with a smoke detector, which connects to a central control panel.
- If the fire can be contained, use the firefighting equipment at your disposal while waiting for the fire team.
- If the fire is out of control, **EVACUATE** your villa **IMMEDIATELY**, closing all doors behind you. Do not try to take your belongings. The safe in your villa is fireproof.
- For your own safety and that of the resort, please do not smoke while in bed, and do not use multiple appliances from one single plug point.

Please see the map on your villa door for the fire evacuation plan specific to your villa number. In an emergency, immediately proceed to the designated location and follow instructions given by the emergency team.

In Case of a Tsunami

A tsunami is a series of ocean waves that can be a threat to residents of coastal areas. It may last for several hours and may be generated by earthquakes either nearby or far away. They may come at any time with little or no warning.

Please see the map on your villa door for the tsunami evacuation plan specific to your villa number. Should there be a tsunami threat, immediately proceed to the designated location and follow instructions given by the emergency team.



Tsunami Watch

A tsunami watch is issued when an earthquake has been detected that might generate a series of large waves.

- If the management feels a tsunami is approaching, all guests will be requested to put on warm clothes and a life vest, and proceed to the **TENNIS COURT**.
- Only return to your villa once cleared by the management to do so.
- In case of a blackout during the night due to any emergency, you have a torch light in your wardrobe to aid you.
- Whatever the case, think of your safety **FIRST**. Do not take risks.

In Case of a Medical Emergency

If serious injury or illness occurs on the island, immediately dial Ext. 0, the national emergency number 119, or call for help. Give your name, exact location and describe the nature and severity of the medical problem. The Resort will provide instructions until the emergency team arrives.

In case of serious injury or illness, the nearest person must quickly perform the following.

- Keep the injured/ill still and comfortable.
- Check the breathing.
- Control serious bleeding by applying direct pressure on the wound.
- Look for emergency medical I.D.'s such as bracelets on injured persons, question witnesses and give all information to the responding emergency team.
- Only qualified persons should provide first aid treatment.



Swimming Safety Tips

The sea has an unpredictable temperament and we advise you to practice extreme caution when swimming. Currents may be strong despite appearing calm on the surface, and could be too much to handle even for strong swimmers. For your swimming safety, abide by the following guidelines:

- Always swim with a partner
- Never venture out beyond the reef into unknown areas
- Never swim in the sea at night
- Do not swim in areas where boats and sea vessels traverse
- Do not swim after consuming any amount of alcohol
- Beware of stinging creatures on the seabed, such as stonefish or stingrays.
- Do not attempt to touch them at all times.
- Watch out for sharp corals that may cut your feet, knees and hands.

Please note that there is no lifeguard on duty at our beaches.



Snorkelling Safety Tips

Here are some tips to make your snorkelling experience safe and enjoyable.

- Adjust the masks and snorkel settings before getting in the water.
- Always snorkel with a “Buddy”. Keep sight of each other while snorkelling, so if either experiences difficulty, the other can assist.
- When jumping into the sea, remember to hold the mask so that it won’t slip.
- If you have to make a mask adjustment while snorkelling, swim back to the beach or villa deck after notifying your buddy. Gently put your fins down and then fix your gear. Be careful not to stand on live corals.
- If snorkelling in shallow water, be aware of the position of your knees in relation to the coral, or else you may get a coral cut.
- Stay with a group or your buddy – do not drift off on your own. If you get caught in a current you can’t swim against, swim across it to return to your villa or the beach.
- Do not go snorkelling at night.

Swim with a life jacket if you are not a confident swimmer. Life jackets are available at the Watersports Centre. Please note that there is no lifeguard on duty at our beaches.

For the protection of our environment please do not use any gloves or knives while snorkelling. please do not touch any of the corals or any other sea life.



Sun Exposure Tips

It is highly necessary to have adequate protection before you venture out into the sun. Here are some tips to be followed to enjoy a warm day in the tropics.

- Do not forget to apply appropriate sun protection lotions. Use a product with a high Sun Protection Factor (SPF), at least 15-20 minutes before facing the sun. Broad-spectrum sun protection lotions protect against both UVA as well as UVB rays. Apply it generously all over the exposed areas of the body and reapply after every 2-3 hours.
- While lying under the sun, use ultraviolet protecting sunglasses on your eyes.
- We advise you not to sunbathe for more than an hour at a time.
- Drink plenty of fluids to prevent dehydration

In Case of a Sunburn

The first signs of sunburn may not appear for a few hours. The full effect to your skin may not appear for 24 hours or even longer. In case of sunburn symptoms, please do the following.

- Try taking a cool bath or shower. Place wet, cold towels on the burn for 10 to 15 minutes, several times a day.
- Apply a soothing lotion or aloe gel to the skin. DO NOT apply petroleum jelly, butter or oil to the skin as they make the symptoms worse and prevent healing.
- A pain medication, such as acetaminophen or ibuprofen may be helpful.
- We advise you to visit the Coco Spa for further sunburn treatments, or to seek medical attention.



UNIQUELY COCO EXPERIENCES

PRIVATE ISLAND ESCAPES

Take a five-minute speedboat ride to a beautiful deserted island, exclusively devoted for your enjoyment. You can swim, snorkel or simply sunbathe on the beach, or set off to explore the lush island. Choose from one of our many experiences for your perfect private island getaway.

Time : 09:00 to 13:00

Tropical Escape: Start your day basking in the morning sunshine on the secluded island with a gourmet picnic basket.

Time : 14:00 to 19:00

Sensational Escape: Spend an afternoon on the private island with a gourmet picnic basket, ending your day with a spectacular sunset.

Time : 10:30 to 17:00

Private Escape: Spend a whole day in complete privacy, enjoying the quiet, untouched beauty of the private island. Complete your day with a delicious gourmet picnic basket.

Water, soft drinks, beach towels, a bottle of house wine and a Robinson Phone are included on the above Escapes.

Time : 17:00 to 20:00

Private Island BBQ Dinner: A delicious BBQ dinner, expertly prepared by our chefs. Enjoy your special dinner on the soft sandy beach, as the sun begins to set.

Includes two glasses of house white wine.

Time : 17:00 to 08:00

Private Island Overnight Escape: Spend a romantic night on a deserted island, beginning with an exclusive beach BBQ under the stars. Sleep in a beautifully decorated rustic hut, and in the morning our staff will return to deliver a delicious breakfast, before taking you back to the resort.

BIG GAME FISHING

An exciting expedition where you can catch big game fish such as blue marlin, wahoo, groupers and sail fish. Please wear comfortable casual clothing or beach wear.

Morning Trip: 07:30 to 10:00

Afternoon Trip: 14:00 to 16:30

Includes water, fishing gear and guidance from your excursion guide. Subject to availability and weather conditions.

PRIVATE SUNSET CRUISE

Experience the beauty of the Maldivian sea from aboard a local wooden dhoni and watch the breathtaking hues of the setting sky. A one-and-a-half-hour cruise, this sunset trip is a wonderful opportunity to spot dolphins!

Includes canapés and a bottle of sparkling wine. Subject to availability and weather conditions

PRIVATE ISLAND SUNSET

With a glass of sparkling wine in hand, enjoy the beauty of a romantic Maldivian sunset from the privacy of a deserted island.

Includes canapés and a bottle of sparkling wine. Subject to availability and weather conditions.



SUNSET LAGOON FANTASY

Treat yourselves to a quintessentially Maldivian experience and spend a night at one of our luxurious Sunset Lagoon Villas, situated over the pristine waters of our island. Complete with a plunge pool with glass floor, a Jacuzzi, and direct access to the lagoon, this 154-square metre suite boasts uninterrupted views of the ocean. Awake to the pleasure of a Coco Palm breakfast served in the comfort of your suite.

COCO ADVENTURE

Explore Coco Palm Dhuni Kolhu with your private guide and learn about the history of our eco-friendly resort. See how the resort operates behind-the-scenes at the Associates Village. End your tour at the Chef's Garden with a private BBQ lunch and a fresh drink, prepared with many of the ingredients picked from that very garden.

COCONUT PLANTING

Planting trees is a huge step in contributing to a sustainable future. Plant your very own coconut palm, which can live for over 100 years, and become part of the history of Coco Palm Dhuni Kolhu. Your palm tree will be marked with a wooden plaque, and you can visit it the next time you stay with us.

DINNER UNDER THE STARS

Relax under the Maldivian night sky and indulge in a splendid five-course dining experience for two, on your own secluded spot of the island surrounded by thick tropical vegetation.

PERGOLA DINNER

Enjoy an exquisite five-course dinner under the comfort of a rustic beach pergola, beautifully decorated with candles and fresh flowers. Ideally situated with a view of the stunning sunset, this dinner is bound to be an unforgettable evening.

IN-VILLA BBQ DINNER

Attended by your own private chef and butler, savour a BBQ dinner in the intimacy of your own villa. Prepared exclusively for you in the outdoor area of your villa, this dinner is the perfect combination of cosy and romantic.

CAPTAIN'S TABLE

Set a course towards the sunset, and marvel at the natural wonders of our tropical paradise. This private nautical dinner will be served on the main deck of a traditional dhoni, as the sun dips below the horizon. Serving up an exclusive menu, this is a truly unique culinary experience, filled with surprises along the way.



EXPERIENCES TO SHARE

REEF HOPPING

Explore two stunning coral reefs with our excursion guide leading the way. Spot schools of bannerfish darting around the reef, a green turtle sleeping on the sea floor, or a moray eel peeking out from a hidey hole. You never know what undersea wonders you may see on this snorkelling expedition!

Time : 10:30 to 12:30

Every Monday, Thursday and Saturday
We require a minimum of 6 guests for the excursion and can accommodate a maximum of 20 guests.

FLIPPER FUN

Take an early morning ride on a traditional wooden dhoni with our excursion guide in search of fun-loving dolphins. Witness their graceful journey towards the sunrise, jumping and occasionally even spinning out of the water. Make some noise and delight in their cheeky responses!

Time : 7:30 to 9:00

Every Tuesday, Friday and Sunday
We recommend wearing comfortable beach attire.
We require a minimum of 6 guests for the excursion and can accommodate a maximum of 20 guests.

MALDIVIAN ADVENTURE

Stroll through a local island with our excursion guide and see what island life is all about. Spot young surfers mastering the board along the surf break or indulge in some local delicacies. Baa Atoll is famous for the practice of traditional Maldivian lacquerware, and you may have the opportunity to watch the artisans at work.

Time : 15:00 to 16:30

Every Tuesday and Friday
We ask that you wear casual clothing.
We require a minimum of 6 guests for the trip and can accommodate a maximum of 20 guests.

FISHING AT TWILIGHT

As the sun goes down try your hand at fishing, Maldivian-style! Using simple handline fishing methods, hook some amazing catches such as red snapper and groupers. When you return from your fishing expedition, our chefs will expertly prepare your fresh catches according to your instruction for a delicious dinner.

Time : 18:00 to 20:00

Every Tuesday, Thursday and Sunday
We recommend wearing comfortable casual clothing.
We require a minimum of 6 guests for the trip and can accommodate a maximum of 20 guests

SAILING AT DUSK

Set sail as the sky begins to shift to the striking colours of the sunset. Watch as the sun dips below the watery horizon; a most beautiful and relaxing end to the day. This breathtaking experience is often enriched by the surprise appearance of dolphins.

Time : 18:00 to 19:30

Every Tuesday, Friday and Sunday
We recommend wearing comfortable casual clothing.
We require a minimum of 6 guests for the trip and can accommodate a maximum of 20 guests.



MOONLIGHT CRUISE

Sail out to the ocean on a traditional dhoni and delight in the splendour of the full moon. Watch as the moon rises over Coco Palm Dhuni Kolhu, and the moonlight twinkles against the dark waves of the ocean. This cruise is a unique and romantic lunar experience.

Every Full Moon (Timings dependant on Moonrise)

We recommend wearing comfortable casual clothing.

We require a minimum of 6 guests for the trip and can accommodate a maximum of 20 guests.

THE DARK NIGHT

If you thought snorkelling was an activity only to be undertaken during the day, prepare to be amazed. Night snorkelling is a totally different and mesmerising experience, as life on the reef changes dramatically as the light disappears. Let our excursion guide show you the mysterious nocturnal creatures that emerge in the dark.

Time : 18:00 to 19:30

Please wear appropriate swimwear.

We require a minimum of 6 guests for the excursion and can accommodate a maximum of 10 guests.



WATERSPORTS CENTRE

Operating Hours: 9 am – 6 pm

Our Watersports Centre, on the south-eastern tip of the island, is there to take you on motorised and non-motorised adventures.

Kayak (Single)

Kayak (Double)

Stand Up Paddle

Catamaran Sailing

Wind Surfing

Power Rider (Seadoo)

Jet Ski

Water Skiing

Wake & Knee Boarding

Tube & Banana Rides

Wave Surfing

Snorkelling Trips

Snorkelling Power Ride

Big Game Fishing

For bookings and inquiries, please contact Reception on Ext.0



DIVE OCEAN

Opening hours: Daily from 9am - 1pm and 3pm - 7pm

The Dive Ocean Centre is located behind the Reception, opposite Coco Spa.

DIVE EXPERIENCES FOR NON CERTIFIED DIVERS

Discover Scuba Diving

Interested in diving but not in a course? Experience your first real dive together with one of our multilingual instructors and discover a new perspective of the fascinating underwater world: weightless, surrounded by tropical marine life and the only sounds you hear are those of your bubbles.

How? A short theory lesson, a detailed briefing and then you are already diving! The Discover Scuba Diving Experience can be credited towards a PADI certification course like the Scuba Diver or the Open Water Diver. Minimum age: 10 years.

PADI Scuba Diver Course / JR PADI Scuba Dive Course

Interested in getting certified but short in time? The PADI Scuba Diver Course is the easiest way to become a certified diver. During your course you will experience the beautiful underwater world of Maldives with 3 theory lessons and 3 dives which consists of a practicing part in the lagoon following a fun dive where you can use what you just learned. You will receive a certification, which enables you to dive up to 12 m with a professional diver anywhere in the world. Minimum age: 10 years.

The Open Water Diver Course brings you from non-diver to an independent diver level in just one unforgettable course. You will learn all the basics of diving with 5 theory lessons, a simple final exam and 5 dives which consists of a practicing part in the lagoon following a fun dive where you can use what you just learned.

The Open Water certification is worldwide recognized and qualifies you independently with a buddy to a maximum depth of 18m, and maximum depth of 12m for 10 and 11 years old. Minimum Age: 10 years.

Bubblemaker

Not yet 10 Years old? Too young to do a diving course? Take your first breaths underwater as a “Bubblemaker” hand in hand with one of our multilingual instructors at a maximum depth of 2m. Discover the most colorful part of the reef and the abundant marine life! Minimum age: 8 years

CONTINUING EDUCATION FOR CERTIFIED DIVERS

Scuba Review

Not so confident anymore? Did not dive for a while? Join a Scuba review, refresh your skills and regain confidence under the guidance of one of our dive instructors.

Adventure Dives

You want to continue your underwater Adventure? With an Adventure Dive you can explore new ways of diving. You want to dive deeper, with a digital underwater camera, at night, in current? Together with an instructor you will learn all the techniques and procedures. Aside from the knowledge and confidence you will have a lot of fun. Adventure dives can be credited towards the Adventure or Advanced Open Water certification.

Minimum age: 12 years.

Adventure Diver Course / JR Adventure Diver Course

The Adventure Diver Course is the next certification you can get after becoming an Open Water Diver. 3 unforgettable Adventure Dives are waiting for you. Together with an instructor, you will do a Deep Dive and 2 other Adventure Dives of your Choice. This does not only give you another certification, but also a lot more of confidence in the water.

Minimum age: 12 years.

Advanced Open Water Diver Course / Advance Open Water Diver Course

Customize your personal Advanced Open Water Course and enjoy 5 Adventure Dives – each one dedicated to an interesting topic. Do an adventure deep dive, an underwater navigation deep dive and choose other three topics of your interest to which you wish to dedicate a dive.

Minimum age: 12 years.



Speciality Courses

Interested in a particular kind of diving? The Speciality Course focuses exactly on that. You want to become a Deep Diver, bring your buoyancy to perfection, take better and correctly exposed digital underwater pictures gather more knowledge about the marine life...? It is your choice. Minimum age: depending on speciality.

Diver's Night

Join us every Saturday at 21:30 for our Diver's Night! Meet us in the Conch Bar and discover the wonders of the deep blue ocean during our video presentation. We are happy to share our fascinating underwater world with you and answer all questions you might have.





COCO SPA

Sunny, unique and picturesque, in the midst of white sands, dazzling crystal clear turquoise waters, tall palms leaning towards the sea is Coco Palm Dhuni Kolhu, a spa resort which offers tranquil spaces, created to indulge in personal desires for beauty, well-being and relaxation.

Discover the benefits of therapies from Indonesia, Thailand and India, with a collection of Ayurvedic- inspired products which truly enhances the unique Coco Spa experience.

Be our guest in your own home and experience the goodness of our spa treatments at your villa if preferred. To enrich your experience further on the invaluable secrets of the ocean and deep down treasures of algae at Coco Spa, indulge yourself in the well-being treatments from Thalgo Cosmetics, a renowned marine-based brand from France.

Soak up the benefits of these products made from exploring deep oceans for their rich resources and gathering inspiration and creativity to offer the ultimate healing power of the oceans through each treatments.

Let us transport you in to a world of marine treatments for absolute relaxation of body, mind, soul and the intense, lasting feeling of well-being.

Hours of Operation

| | |
|-----------------|---------------|
| Spa Treatments: | 10:00 - 20:00 |
| Spa Boutique: | 10:00 - 20:00 |
| Yoga: | 08:30 - 19:00 |
| Fitness Centre: | 08:00 - 20:00 |

Please call Coco Spa at Ext. 165

All prices are subject to 10% additional Service Charge and 12% GST.

Retail products are subject to GST only.

Prices are subject to change without prior notice.



